

# Lunch Menu K-8

October 2017

SAN FRANCISCO



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>Red Chicken Enchiladas</b> Side Salad 100% Fruit Juice Milk</p>	<p>3</p> <p><b>Caribbean Chicken</b> Southern Rice Baby Carrots Fruit Milk</p>	<p>4</p> <p><b>Carne Asada Fries</b> Fruit Milk</p>	<p>5</p> <p><b>Cheese Tamale</b> Mixed Vegetables Side Salad Fruit Milk</p>	<p>6</p> <p><b>Chicken Parmesan Spaghetti</b> Marinara Sauce Baby Carrots 100% Fruit Juice Milk</p>
<p>9</p> <p><b>Bean &amp; Cheese Burrito</b> Side Salad 100% Fruit Juice Milk</p>	<p>10</p> <p><b>Chicken &amp; Chorizo Paella</b> Baby Carrots Fruit Milk</p>	<p>11</p> <p><b>Cheeseburger</b> Oven Baked Fries Fruit Milk</p>	<p>12</p> <p><b>Korean BBQ Beef</b> Not So Fried Rice Side Salad Fruit Milk</p>	<p>13</p> <p><b>Cheese Ravioli</b> Marinara Sauce Baby Carrots 100% Fruit Juice Milk</p>
<p>16</p> <p><b>Teriyaki Chicken</b> Chow Mein Noodles Side Salad 100% Fruit Juice Milk</p>	<p>17</p> <p><b>Turkey Nachos</b> Tortilla Chips Baby Carrots Fruit Milk</p>	<p>18</p> <p><b>BBQ Pulled Pork Sandwich</b> Oven Baked Fries Fruit Milk</p>	<p>19</p> <p><b>Pizza Bagel Sandwich</b> Side Salad Fruit Milk</p>	<p>20</p> <p><b>Chicken Chalupa</b> Baby Carrots 100% Fruit Juice Milk</p>
<p>23</p> <p><b>Chicken Tinga Plate</b> Black Beans &amp; Rice Side Salad 100% Fruit Juice Milk</p>	<p>24</p> <p><b>Beef Chili Dog</b> Baby Carrots Fruit Milk</p>	<p>25</p> <p><b>Chicken Bites</b> Cheesy Mashed Potatoes Fruit Milk</p>	<p>26</p> <p><b>Chicken Tamale</b> Mixed Vegetables Side Salad Fruit Milk</p>	<p>27</p> <p><b>Beef Macaroni</b> Baby Carrots 100% Fruit Juice Milk</p>
<p>30</p> <p><b>Chicken Fajitas</b> Spanish Rice Side Salad 100% Fruit Juice Milk</p>	<p>31</p> <p><b>Cheesy Stuffed Shells</b> Baby Carrots Cookie Fruit Milk</p>	<p>1</p> <p><b>Chicken Patty Burger</b> Oven Baked Fries Fruit Milk</p>	<p>2</p> <p><b>Orange Chicken</b> Not So Fried Rice Side Salad Fruit Milk</p>	<p>3</p> <p><b>Green Chicken Enchiladas</b> Baby Carrots 100% Fruit Juice Milk</p>

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Lunch includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

